September Week 1

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| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| BREAKFAST | Oatmeal  Blueberries --- Milk | Rice Krispies  Pears  Milk | Coffee Cake  Apple Juice  Milk | Whole Wheat Toast --- Orange Juice --- Milk | Pancakes --- Grapes --- Milk |
| AM SNACK | Rice Cake --- Apple Juice | English Muffin --- Grape Juice | Instant Banana Pudding --- Cheese Nips | Cheerios Treat --- Tropical Juicy Juice | Cottage Cheese --- Carrot Sticks |
| LUNCH | Sloppy Joe on Bun --- Onion Rings --- Peaches --- Milk | Grilled Cheese Sandwich --- Tomato Soup --- Applesauce --- Milk | Chicken Nuggets --- Green Beans --- Orange Slices --- Bread & Butter --- Milk | Scrambled Eggs --- Hash-Brown Potatoes --- Strawberries --- Toast --- Milk | Spaghetti & Meatballs --- Peas --- Fruit Cocktail --- Milk |
| PM SNACK | Monkey Bars rolled  in Special K Cereal | Ham cubes --- Cheese Cubes | Vanilla Yogurt --- Goldfish Crackers | Apple Cookies --- Bologna Rolls | Saltine Crackers --- Hard-boiled Egg |